



SPA
MINÉRALE

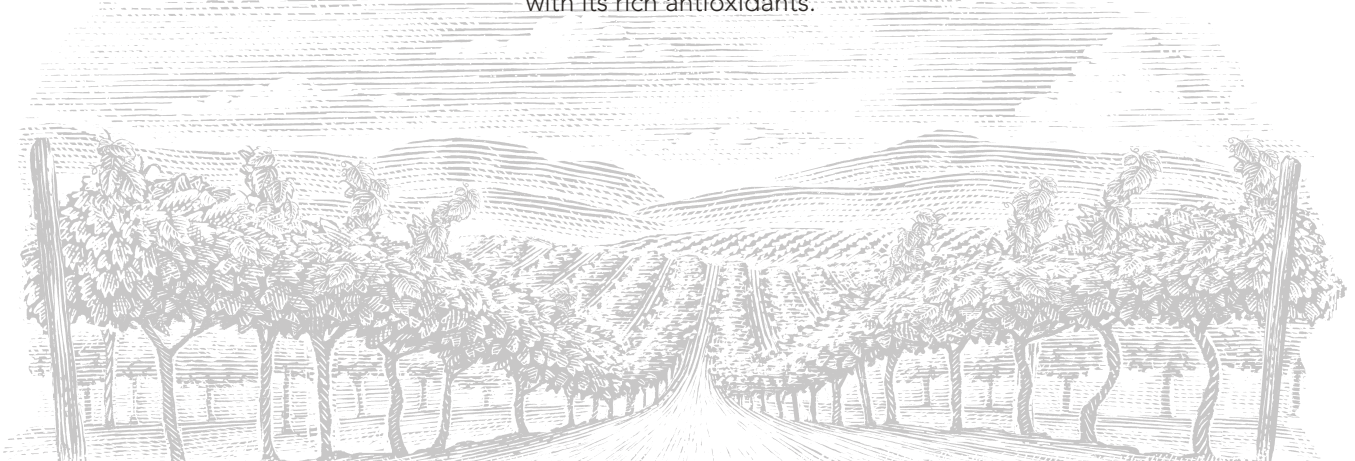
SPA
EXPERIENCE MENU



Step into Spa Minérale at Lansdowne, where your relaxation and renewal of mind, body and soul is our inspiration. Treat yourself to a day or a weekend to immerse in the good life with brand new wine inspired spa treatments, classic and innovative therapies and salon treatments.

Bring that special someone for a romantic retreat in our Couples' Suite or wind down after a day on the course.

Our spa captures ingredients and remedies local to Loudoun County in a luxurious way, including vinotherapy treatments, brought to you by local Virginia wineries. Whether you are a Chardonnay or Cabernet lover, our signature spa treatments, from facials to massages and nail treatments, use the free radical fighters found in grapes, to help revitalize and awaken the skin with its rich antioxidants.



FACIALS

HYDRAMEMORY

by Comfort Zone

50 Minutes, \$150 per person

A deep hydrating treatment for the face, neck and décolleté that results in renewed moisture and silkiness. This treatment restores compactness, tone, luminosity and helps keep the skin supple and elastic, therefore preventing dryness and premature aging.

ACTIVE DETOX

by Comfort Zone and Dr. Dennis Gross

80 Minutes, \$215 per person

A treatment for deep-cleansing that gives the skin a luminous, smooth, uniform appearance. Intensive and delicate, it rebalances and normalizes the skin, leaving your skin fresh and firm. This is Ideal for acneic skin conditions.

TRANQUILLITY

by Comfort Zone

80 Minutes, \$215 per person

A deeply relaxing aromatherapy facial, ideal for dry and depleted skins, and those lacking luminosity. Includes extended massage time.

GLOW GETTER

by Dr. Dennis Gross

50 Minutes, \$150 per person

An anti-aging exfoliating treatment that reveals glowing, softer, healthier skin and a touch of sun-kissed color provided by an infusion of microencapsulated DHA and active Vitamin D.

FERULIC AND RETINOL FIRMING AND ANTI-AGING

by Dr. Dennis Gross

50 Minutes, \$150 per person

A clinical-strength anti-aging facial that helps repair signs of aging and sun damage, helps to fade dark spots, and reduces the appearance of pores. Recommended in a series of six for optimal results.

FACIALS

SPA AT LANSDOWNE SIGNATURE WINE FACIAL

by local Loudoun County wineries
50 Minutes, \$165 per person

This free radical fighting facial incorporates the powerful antioxidants of B vitamins and resveratrol to immediately energize and brighten the skin.

WRINKLE MD

by Wrinkle MD
50 Minutes, \$150 per person

A facial with two times the medical grade Hyaluronic Acid your skin needs, followed by an Alpha Beta Peel to help smooth and revive dull, tired skin.

FOREVER BRIGHTENING FACIAL

by Alchimie
50 Minutes, \$150 per person

A brightening peel exfoliates the skin, evens out pigmentation, and alleviates acne and breakouts, while it tightens and rejuvenates the skin. It yields immediate and visible results for all skin types, including sensitive and acne-prone skin. Gluten Free.

POMEGRANATE WINE COOLER FACIAL

by Skin Fitness Therapy
50 Minutes, \$150 per person

Refresh and rehydrate your skin with a unique blend of Red Wine Therapy. An exfoliant blend of natural fruit enzymes, cherry puree, pomegranates and red wine saturate skin in a healthy cocktail of antioxidants. Increase the vitality of skin with this skin strengthening and smoothing treatment for a more revitalized and rejuvenated complexion.

RED WINE THERAPY FACIAL

by Skin Fitness Therapy
50 Minutes, \$150 per person

Repair the signs of aging with the collagen boosting effects of blueberries and red wine. Skin is saturated with natural acids and enzymes blended with a decadent blueberry puree. A luxurious burst of red wine concentrate and decadent cocoa soufflé masque will leave skin noticeably smoother, firmer and hydrated.

EXPRESS FACIAL TREATMENTS AND FACIAL COMPLIMENTS

ALPHA BETA EXPRESS PEEL

by Dr. Dennis Gross

25 Minutes, \$95 per person

Provides micro exfoliation™ to immediately improve complexion and multiple skin concerns.

Add on to any facial, \$35 per person

Add-on to any service or a quick peel that can be done in 25 minutes.

BOTANICAL DETOX EXPRESS FACIAL

by Skin Fitness Therapy

25 Minutes, \$95 per person

Add on a Red Wine Peel \$35

A detoxifying and deep pore cleansing facial, including activated charcoal, designed to rapidly absorb toxins and restore and purify the skin.

PRE PARTY EYES AND PUCKER UP LIPS

by Skin Fitness Therapy

Add to any facial, \$35 Eye, \$35 Lip, \$60 both

This anti-aging eye and lip treatment safely and effectively exfoliates, lifts, and firms the eye area with multiple peptides, combined with advanced antioxidants and skin hydrators, to drastically plump up fine lines and wrinkles around the eye and lip area.

BUST CARE

by Comfort Zone

Add to any facial, \$35 per person

15 additional minutes

An elasticizing, lifting and firming treatment for the bust area. Highly effective after pregnancy, weight loss and as an ideal preventive anti-aging action.

ECO FRIENDLY PARAFFIN

Add to any treatment, \$15 per person

A revitalizing hand and/or foot treatment to stimulate circulation in the legs and deeply nourishing hands and feet.

PLUMPING COLLAGEN

Add to any facial, \$35 per person

An immediate plumping treatment for dry, depleted and mature skins. Collagen softens fine lines and wrinkles, bestowing vitality and freshness to the skin.

BODY TREATMENTS

SPA AT LANSDOWNE SIGNATURE WINE WRAP

by local Loudoun County wineries

50 Minutes, \$165 per person, includes wine pairing

Experience the benefits of wine therapy for your skin using wine extract. Begin with a full body dry brushing then indulge in head, neck and foot massage while antioxidant rich shea butter melts into skin.

AROMASOUL RITUAL SCRUB

by Comfort Zone

80 Minutes, \$215 per person

A unique renewing scrub ritual for smooth, soft skin, enhanced with your chosen essential oil blend, ensuring nourishment and radiance for your skin. An ideal complement to the Aromasoul ritual massage.

SKIN REGIMEN LONGEVITY BODY

by Comfort Zone

50 Minutes, \$150 per person

An innovative anti-aging body treatment which offers exceptional visible results after the very first treatment. The skin appears compact and incredibly toned. We recommend a series of 3, 6 or 9 treatments for optimal efficacy. This treatment deeply nourishes the skin, ensuring its suppleness, elasticity and improves circulation and helps reduce swelling and fluid retention.

TRANQUILITY SLEEP BODY RITUAL

by Comfort Zone

50 Minutes, \$150 per person

Experience the benefits of wine therapy for your skin using Chardonnay extract. Begin with a full body dry brushing then indulge in head, neck and foot massage while antioxidant rich shea butter melts into skin.

CABERNET AND CACAO COCOON

by local Loudoun County wineries

80 Minutes, \$225 per person, includes wine pairing

The synergy of a unique blend of essential oils and Ayurvedic and Indonesian techniques, combined with the use of soft brushes, gently guide the way to achieve a quiet and peaceful mind and body state. A deeply nourishing body treatment recommended for those who feel stressed, are unable to relax and have problems sleeping well. Promotes a quiet mind and sensation of absolute relaxation.

MASSAGE

SPA AT LANSDOWNE SIGNATURE WINE MASSAGE

by local Loudoun County wineries

50 Minutes, \$165 per person, includes wine pairing

80 Minutes, \$225 per person, includes wine pairing

Couples: 50 Minutes \$175 per person, includes wine pairing

Couples: 80 Minutes \$235 per person, includes wine pairing

Our signature massage incorporates the antioxidants and free radical fighters found in wine grapes with gentle, Swedish style massage.

MIND BODY SOUL

by 21 Drops

50 Minutes, \$150 per person

80 Minutes, \$210 per person

Couples: 50 Minutes, \$160 per person

Couples: 80 Minutes, \$220 per person

Relax your mind and restore your spirit with this treatment designed to improve health and well being. Each 21 drops solution is pre-blended with distinct essential oils that come together in organic jojoba oil to uniquely treat a particular concern or aspiration.

AROMASOUL MASSAGE

by Comfort Zone

50 Minutes, \$150 per person

80 Minutes, \$210 per person

Couples: 50 Minutes, \$160 per person

Couples: 80 Minutes, \$220 per person

A unique massage ritual that takes you on a journey through four distinct worlds: the exotic orient, the warmth of the Mediterranean, the vibrant world of India, and the ancient cultures of desert tribes, for a complete sensorial experience. Each journey begins with your choice of essential oil blend.

RIVER ROCK STONE MASSAGE

50 Minutes, \$150 per person

80 Minutes, \$210 per person

Couples: 50 Minutes, \$160 per person

Couples: 80 Minutes, \$220 per person

A deeply soothing and sensorial treatment that achieves an important detoxifying, relaxing and draining effect with the use of heated basalt stones and therapeutic essential oils. It relieves muscle pain, increases the body's metabolism and relaxes the tissues.

THERAPEUTIC MASSAGE

50 Minutes, \$150 per person

80 Minutes, \$210 per person

Couples: 50 Minutes, \$160 per person

Couples: 80 Minutes, \$220 per person

Traditional full-body massage that increases circulation and induces natural relaxation. Long, smooth strokes soothe muscles for an all-over sensation of well-being, allowing the body to be in a rested state. Customize it to your choice of pressure.

COUPLES' DUO SUITE EXPERIENCE

80 minutes, \$410 for couple

50-minute massages and 30 minutes additional in the suite.

Upgrade your couples experience and enjoy extended relaxation time in front of a cozy stone fireplace. Includes a glass of wine for each Guest.

ADDITIONAL MODALITIES

Prenatal, Craniosacral Therapy, Sports, Reflexology

NAIL CARE

CABERNET CACAO MANICURE AND PEDICURE

by local Loudoun County wineries
Manicure, \$45 | Pedicure, \$75

A decadent treatment, designed to revitalize and awaken dull skin. Caffeine rich cacao beans gently exfoliate to reveal smoother, brighter skin while your hands and feet soak in a bath of crushed cabernet grapes, rich in antioxidants.

SPA AT LANSDOWNE SIGNATURE WINE MANICURE AND PEDICURE

by local Loudoun County wineries
Manicure, \$35 | Pedicure, \$65

This free radical fighting manicure and pedicure incorporates the powerful antioxidants of B vitamins and resveratrol to immediately energize and brighten the skin.

BLUEBERRY MALBEC MANICURE AND PEDICURE

by local Loudoun County wineries
Manicure, \$55 | Pedicure, \$85

A unique treatment for hands and feet utilizes antioxidant-rich blueberries and resveratrol to combat signs of aging and fatigue, and leaves skin fresh and revitalized. Pair with 2014 Wild Boar Malbec \$16

GEL NAIL ENHANCEMENT \$85

The hypoallergenic, odorless, acid and acrylic free nail enhancement is a great alternative for the care of your nails, creating a gorgeous and natural finish.

NAIL COMPLIMENTS

ECO FRIENDLY PARAFFIN \$15

POLISH CHANGE \$15

GEL NAIL POLISH \$15

FRENCH NAIL POLISH \$15

GEL NAIL REFRESH FILL \$60

GEL POLISH REMOVAL \$10

HANDS' HOT STONE MASSAGE \$25
15 ADDITIONAL MINUTES

HAIR

BLOWOUT	\$60+
SHAMPOO, CUT AND STYLE	\$85
GENTLEMEN'S SHAMPOO CUT AND STYLE	\$45
SCALP TREATMENT INCLUDES BLOWOUT	\$75
SPECIAL EVENT STYLE	\$100+
KERATIN CONDITIONING TREATMENT	\$400+
SINGLE PROCESS COLOR	\$85+
PARTIAL FOIL HIGHLIGHT	\$100+
FULL FOIL HIGHLIGHT	\$150+
BRIDAL STYLE	\$150
TEEN SPECIAL EVENT STYLE	\$75

*Pricing may vary depending on length of hair.

HAIR REMOVAL

BROW SHAPING (INCLUDES WAX, TWEETZE & TRIM)	\$30
LIP, CHIN, NOSE OR EAR	\$30
FULL FACE (NOT INCLUDING BROWS)	\$50
HALF ARM	\$40
FULL ARM	\$50
UNDERARM	\$25
BACK OR CHEST	\$90
HALF LEG	\$50
FULL LEG	\$70
BIKINI (NOT INCLUDING BRAZILIAN)	\$50
BIKINI AND HALF LEG	\$80
BIKINI AND FULL LEG	\$100

ROAD TO RECOVERY

Lansdowne Resort and Spa is proud and humbled to have the opportunity to bring comfort through the gift of touch to our guests going through cancer as well as cancer survivors.

ROAD TO RECOVERY MASSAGE

50 Minutes, \$150 per person

Oncology massage is the modification of existing massage therapy techniques in order to safely work with complications of cancer and cancer treatment. Recommended for anyone who has ever received cancer treatment, from those in active treatment to those in recovery or survivorship, as well as those at the end of life.

HEAD SHAVING

Complimentary

We offer complimentary head shaves and wig trims. An appointment is strongly encouraged to ensure that a licensed cosmetologist is on site at the time you'd like a head shave.

HAIR PIECE CONSULTATION

Complimentary

For many women, men and children undergoing chemotherapy, a major concern is hair loss. Spa Minérale can help you make an informed decision when it comes to concealing your hair loss with a wig and restoring your dignity at this difficult time. We have a selection of hand-made human hair wigs or synthetic we can order custom fit for you. Either way you are assured that your wig's style, color and fit compliments you, is comfortable to wear and easy to care for.

LEESBURG  VIRGINIA

LANSDOWNE

RESORT AND SPA

A DESTINATION HOTEL®

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