

WHERE VITALITY SPRINGS to LIFE.



A PLACE OF TRANSFORMATIONS

age Springs Club & Spa encapsulates the spirit of this high desert region with its warm ambiance, signature services and indigenous products. Welcome to a private world dedicated to your health, fitness and complete well-being.

OUR LOCAL AND GLOBAL VISION

We are proud to offer many services and products that are organic, locally grown and handcrafted in support of our local economy and charities across the globe. We partner with local farmers who lovingly tend fields. We reprocess water used in our services to water our gorgeous Woodlands Golf Course. Each product and partnership is mindfully chosen to ensure the best results for our guests, with minimal impact to our planet.

SAGE SPRINGS EXPERIENCES

Carefully selected services that complement one another and help you achieve the results you desire.

250 SUN UP

Rise and shine. Wake up tired skin with this invigorating spa experience.

LAVENDER & CITRUS SCRUB
RIVERSIDE RELAXER MASSAGE
95 MINUTES

250 SUN DOWN

Unwind from your day with your own body, mind and soul retreat.

An unforgettable relaxation experience that will lead to a great night's sleep.

SUNRIVER QUENCH BODY WRAP HOT STONE MASSAGE 95 MINUTES

320 MEN'S MOUNTAIN ESCAPE

Escape from the tensions and stress of everyday life. Treat yourself to a mountain escape and experience total relaxation.

DEEP TISSUE MASSAGE
METOLIUS MEN'S CLUB FACIAL
CLEEK AND CREEL PEDICURE
145 MINUTES

350 HIGH DESERT NIRVANA

Restoration, **rejuvenation** and a heightened sense of well-being will be yours after this pairing of mind and body balancing treatments.

SHANKARA HARMONIZING MASSAGE GODDESS FACIAL

370 QUENCH RITUAL

Rebuild and restore dry skin with these barrier-repairing services. Your entire body is quenched from head to toe for a more vibrant complexion.

DESERT OASIS SOAK
ANJOU ORCHARD HYDRATION WRAP
DESERT BLOOM HYDRATING FACIAL
170 MINUTES

450 SAGE SPRINGS SIGNATURE FLIGHT

From head to toe, your body will thank you. This is the ultimate detoxifying spa experience.

LAVENDER & CITRUS SUGAR SCRUB
50-MINUTE SAGE SPRINGS SIGNATURE MASSAGE
SAGE SPRINGS SIGNATURE FACIAL
SAGE SPRINGS PEDICURE
195 MINUTES

420 FOR TWO

Reconnect and relax in our beautiful couple's suite and private wet spa, and enjoy a shared experience to rekindle the magic with the one you love. Sparkling wine and handcrafted chocolate truffles are included.

80-MINUTE SIDE-BY-SIDE DUO MASSAGE
30-MINUTE SOUTH SISTERS SIP-AND-SOAK
110 MINUTES

MASSAGE

Our skilled massage therapists offer a variety of techniques tailored to meet your specific needs.

SAGE SPRINGS SIGNATURE MASSAGE

A customized spa experience tailored to your needs. Your highly trained massage therapist will utilize his or her expertise to customize a unique massage tailored to your specific needs. This service is paired with our lavender citrus massage oil that is locally grown and lovingly handcrafted by Cascade Lavender Farms.

139 50 MINUTES199 80 MINUTES

RIVERSIDE RELAXER

Tame tension and soothe sore muscles with a massage using calm, gliding strokes. This beneficial Swedish massage will relax the central nervous system, relieve muscular tension and improve circulation.

139 50 MINUTES199 80 MINUTES

DESCHUTES DEEP TISSUE MASSAGE

Our deep tissue massage targets specific areas to release chronic patterns of tension. This therapeutic treatment utilizes arnica oil, deep strokes and pressure to alleviate tight, sore muscles.

139 50 MINUTES 199 80 MINUTES

HOT STONE MASSAGE

Smooth, **heated river stones** are used in conjunction with massage techniques to release tension, warm muscles and promote relaxation.

199 75 MINUTES

SIDE-BY-SIDE MASSAGE (price per duo)

Enjoy a fireside side-by-side massage with your partner, friend or child. Two therapists and two tables allow for an individual, yet shared experience.

278 50 MINUTES 398 80 MINUTES

SHANKARA HARMONIZING MASSAGE

Calm the body and mind with an uplifting full-body massage that includes a rebalancing marma point massage for the face and a balancing bowl foot massage. This experience relaxes and brings the body and mind into harmony.

199 80 MINUTES
259 110 MINUTES (includes 30-minute lavender and chamomile bath)

SPA ABHYANGA MASSAGE

Transcend everyday reality with this Ayurvedic-inspired journey into ultimate relaxation. Your unique dosha oil is applied in a rhythmic choreographed massage that soothes the nervous system, increases circulation, releases impurities from the body and tones the muscles.

139 50 MINUTES
199 80 MINUTES (INCLUDES SHIRODHARA)

SPORTS ENTHUSIAST MASSAGE

Remove lactic acid, increase range of motion and enhance your performance with this customized therapeutic massage using arnica oil. A wonderful massage for all sports enthusiasts!

139 50 MINUTES 199 80 MINUTES

MATERNITY MASSAGE

Using a special body support system, this prenatal treatment pampers you, while easing tension. This is available only after the first trimester of pregnancy.

139 50 MINUTES

BODY TREATMENTS

Discover how our pampering body treatments, infused with healing botanicals and extracts, can yield a whole-body experience beneficial to your health and well-being.

We discourage shaving 24 hours prior to any body treatment.

WET ROOM BODY TREATMENTS

Our multi-jet Vichy shower offers a cleansing, therapeutic conclusion to our wet room body treatments.

LAVENDER AND CITRUS SUGAR SCRUB

Rejuvenate dry skin with this Central Oregon-inspired body scrub. Locally grown lavender and fresh citrus scents are combined to delight the senses, exfoliate and hydrate the skin, and promote deep relaxation. This unique body scrub is lovingly handcrafted by Cascade Lavender Farms.

139 45 MINUTES 199 75 MINUTES

ZENTS JOURNEY BODY POLISH

Polish away dry skin with an exfoliating and deep-conditioning ZENTS Shea Butter Body Scrub. Choose your own scent that inspires you, for a custom body treatment that will quench your skin and enliven your soul.

139 45 MINUTES 199 75 MINUTES

SPORTS ENTHUSIAST SALT SCRUB

Recover faster so you can play harder, with our circulation-promoting salt scrub. Hot and cold hydrotherapy rinses away lactic acid and relaxes the muscles. This treatment finishes with an application of soothing muscle-release oil.

139 45 MINUTES 199 75 MINUTES

ANJOU ORCHARD HYDRATION WRAP

Inspired by our Pacific Northwest neighbors in Hood River! A hydrating pear body scrub polishes parched desert skin and prepares you for a replenishing pear shea butter body wrap. While your skin drinks in the hydrating shea butter, you will enjoy a soothing face and scalp massage, followed by a unique full-body supine massage.

209 90 MINUTES

CRATER LAKE DETOXIFYING THERAPY

The journey begins with a Shankara warm oil drizzle and a stimulating salt scrub exfoliation, followed by an aromatic body wrap mask that stimulates circulation, draws out toxins and purifies the skin. The therapy concludes with a reviving body wash and application of Shankara Balancing Body Silk.

DRY ROOM BODY TREATMENTS

All of our dry room body treatments begin with a dry brush exfoliation.

Dry brushing removes dead skin cells, increases circulation

and assists the lymphatic system in detoxifying the body.

SUNRIVER QUENCH BODY WRAP

A luxurious body wrap that will purify, nourish and relax the body and mind. ZENTS Mandarin Rich Shea Butter and warm oil infuse the skin, leaving it incredibly soft and silky.

139 50 MINUTES 199 80 MINUTES

SHANKARA PURIFYING WRAP

An invigorating and revitalizing warm oil massage followed by a lymphatic support wrap that purifies the body. Enjoy a heavenly scalp massage while you are cocooned in linens. The service ends with a steamed-towel compress for the whole body.

259 105 MINUTES

SPA ESSENTIALS

Customize any treatment with these essential add-on treatments.

HEAD, HAIR AND SCALP RITUAL

Drift into bliss while this soothing head massage restores and moisturizes dry, damaged hair. This treatment includes a warm-towel wrap, which allows the Shankara sandalwood and amla oil to deeply penetrate. A gentle marma point massage finishes the ritual. *Safe to use on colored hair.

70 25 MINUTES

ECO-FIN HAND TREATMENT

This therapeutic hand treatment begins with a warm shea and coconut infusion wrap for the hands. The refreshing raspberry-grapefruit blend cools and is then massaged into the skin, leaving your hands soft, supple and very relaxed.

70 25 MINUTES

ECO-FIN FOOT TREATMENT

This therapeutic foot treatment begins with a warm shea and coconut oil wrap for the feet. The refreshing peppermint blend cools and is then massaged into the skin, leaving your feet soft, supple and very relaxed.

70

SAGE SPRINGS CLUB & SPA SUNRIVER RESORT

SPA REFLEXOLOGY

This massage accesses energy flow through specific pressure points applied to the feet, and is deeply relaxing yet revitalizing. This treatment ends with a steamed-towel compression wrap to the feet.

70 25 MINUTES

DESERT OASIS SOAK

Soak away the stress in your own oasis. Our private soak room creates a unique customized experience. Choose your favorite soak scent from ZENTS and enjoy your own wet spa experience that includes a drench shower and infrared sauna.

65 30 MINUTES

SOUTH SISTERS SOAK AND SIP

Our private soak room with its own drench shower and infrared sauna creates a unique customized experience. Choose your favorite soak scent from ZENTS and enjoy a glass of sparkling wine and handmade Oregon chocolate truffles.

85 30 MINUTES

SHIRODHARA

Shirodhara is an ancient time-honored technique that calms the central nervous system and clears the mind of racing thoughts. A steady stream of warm herbal oil is applied to the forehead to create a deep sense of relaxation.

70 25 MINUTES

FACIALS

Whether you want to replenish, revitalize or refine, our facials' aromatherapy, herbal formulas and state-of-the art science offer treatments that are more than skin deep.

FOUNTAIN OF YOUTH FACIAL

This technique-driven and advanced anti-aging Yon-Ka facial is perfectly designed for our guests seeking wrinkle reduction. A stimulating peel, acupressure massage and circulation-enhancing facial massage boost cellular rejuvenation. Skin firms, lifts and repairs with a cooling gel mask, for timeless results.

199 80 MINUTES

GODDESS FACIAL

Using all organic and natural Shankara skincare products, this is our ultimate treatment for repair and renewal. A double exfoliation, treatment masks, hydration and repair serums balance and refine skin while softening signs of aging. You are pampered with a relaxing scalp, neck and shoulder massage, an anti-aging hand treatment, a foot massage and a marma-point massage. This service beautifies your skin and brings the mind and body into balance.

199 80 MINUTES

VITALITY FACIAL

This regenerating Yon-Ka facial utilizes alpha hydroxy acids to restore skin's vitality. Skin is lightly resurfaced with a professional peel and followed with a luxurious modeling fruit mask to nourish, plump and hydrate. You're left with brighter, softer and more supple skin.

139 50 MINUTES

SAGE SPRINGS SIGNATURE FACIAL

Refresh, Renew and Re-balance your skin with this highly customized, botanically derived Yon-Ka facial. This facial is perfectly tailored to individual skin type and will leave the skin with a restored healthy glow.

139 50 MINUTES

INSTANT RADIANCE FACIAL

Obtain instant clinical-type results and recapture youthful radiance with our results-based Epionce facial created specifically to reduce the signs of aging, sun damage and skin discoloration. Includes a professional-grade, no-downtime peel, firming mask and hydrating creams to replenish the skin's barrier. Includes takehome Essential Recovery Kit.

169 50 MINUTES

DESERT BLOOM HYDRATION FACIAL

A beautifully pampering facial that nourishes and gently exfoliates dehydrated skin. Calming and hydrating organic skincare products are used to transport you to a deep relaxation oasis for your skin with a warm-stone facial massage. A soothing mask leaves skin looking and feeling luminous.

139 50 MINUTES

PURITY FACIAL

Utilizing purifying products from Yon-Ka, this facial deeply exfoliates, extracts pores and draws out impurities. A perfect purifying facial that treats congestion and acne.

METOLIUS MEN'S CLUB FACIAL

Get skin in shape with deep cleansing designed just for men. Perfect for skin that has been exposed to sun and wind or that is simply irritated by shaving, this facial incorporates a neck and shoulder massage and warm, steamed towels.

139 50 MINUTES

YOUNG SKIN, CLEAR SKIN TEEN FACIAL

Our designed-for-teens facial comes to the rescue with deep cleansing, toning, steam, facial massage and a customized mask that will promote clearer, healthier skin. Anyone enjoying services under the age of 18 must be accompanied by an adult in the treatment room.

99 25 MINUTES (Ages 7-12) 139 50 MINUTES (Ages 12-17)

SIDE-BY-SIDE FACIAL (price per duo)

Two tables and two estheticians allows for a shared skincare experience. Side-by-side facials are available to accommodate partners, friends or adult and child.

278 50 MINUTES 398 80 MINUTES

HYDRAFACIAL

HydraFacial takes skincare to the next level. This patented machine works like microdermabrasion but goes one step further by infusing the skin with peptides, hyaluronic acid and antioxidants. You will see all the benefits of a dermatologist treatment without the downtime.

CLASSIC HYDRAFACIAL

Deep cleansing, exfoliation, light peel and painless extractions. Super serums plump and hydrate with antioxidants, peptides and hyaluronic acids.

150 25 MINUTES

ADVANCED HYDRAFACIAL

All the steps of the Classic HydraFacial with a specialty booster to customize your treatment, finishing with LED light therapy to further reduce the signs of aging.

205 50 MINUTES

ULTIMATE HYDRAFACIAL

The ultimate HydraFacial experience. Begin the detoxification process with a soothing facial lymphatic drainage. Continue with the Classic HydraFacial treatment and our Growth Factor boost for immediate improvement in tone and texture. This treatment is completed with LED light therapy and a scalp massage.

300 75 MINUTES

FACIAL ENHANCEMENTS

Customize any facial with these essential add-ons:

25 NUFACE MICRO CURRENT SKIN TONING 70 SCALP RITUAL

HYDRAFACIAL ENHANCEMENTS

Customize any HydraFacial with these luxurious add-ons:

25	LED LIGHT THERAPY	Blue LED light therapy improves skin, kills acne bacteria and reduces oil production. Red LED light therapy reduces inflammation and fine lines.
25	LYMPHATIC DRAINAGE	Reduce inflammation, puffiness, water retention and dull skin to reveal a healthy glow.
50	BRITENOL BOOST	Minimizes the appearance of dark spots and sun spots for an even complexion.
50	DERMABUILDER BOOST	Softens wrinkles and recharges skin with a cocktail of peptides.
95	GROWTH FACTOR BOOST	Immediately improves tone and texture. Minimizes the appearance of fine lines and wrinkles.
95	NECK AND DÉCOLLETÉ	Luxurious essentials for your neck and décolleté using HydraFacial technology. Includes deep cleansing, exfoliation and a gentle peel. Super serums plump and hydrate delicate tissue with antioxidants, peptides and hyaluronic acid.

WAXING

35	В	R	0	W	S

- 55 LOWER LEG
- 25 LIP, CHIN OR CHEEK
- 85 FULL LEG
- 45 FULL FACE
- 45 BIKINI LINE
- 35 FOREARM
- 60 BACK
- 40 UNDERARM

HANDS AND FEET

Our nail-care services feature treatments that soften and beautify.

SUNRIVER QUENCH MANICURE

Bring elegance back into your life with our classic hydrating and relaxing hand and nail treatment. A specially formulated cocktail of oils and precious desert botanicals is featured in our classic hydrating, relaxing hand treatment and manicure.

60 35 MINUTES

SUNRIVER QUENCH PEDICURE

This plush pedicure begins with an invigorating sugar scrub and a thorough exfoliation and softening of the feet. You will be treated to a luxurious massage and a perfect polish application, leaving your feet supple and pampered.

75 45 MINUTES

SAGE SPRINGS SIGNATURE MANICURE

This deluxe manicure treatment combines our signature techniques with lovingly handcrafted products by Cascade Lavender Farms. This service includes an antiaging exfoliation, a nourishing mask and the soothing heat of a hot-towel wrap.

65 45 MINUTES

SAGE SPRINGS SIGNATURE PEDICURE

This plush pedicure begins with sugar scrub and silky massage lotion infused with a blend of hydrating and soothing ingredients created by Cascade Lavender Farms. This treatment concludes with an application of a warm mask and warm-stone massage to return the feet to the ultimate softness.

80 50 MINUTES

CLEEK AND CREEL PEDICURE

This classic pedicure is designed for the avid sportsman. A warm-therapy footbath followed by a relaxing foot massage is perfect for runners, golfers and outdoor enthusiasts who know that their feet should never come last.

75 45 MINUTES

MT. BACHELOR SHELLAC MANICURE

A chip-free, dries-in-minutes, long-lasting shellac gel polish is great for a worry-free manicure. A replenishing cuticle soak, detailed nail care and calming hand massage are included for beautiful results that last longer than natural polish.

MT. BACHELOR SHELLAC PEDICURE

Shellac gel polish dries instantly and lasts longer than natural polish. A relaxing foot soak, impeccable nail care and relaxing foot massage are included with the application of your carefree shellac polish.

75 45 MINUTES

ADDITIONAL NAIL SERVICES

39	EXPRESS MANICURE	20 MINUTES
49	EXPRESS PEDICURE	20 MINUTES
39	JUNIOR MANICURE	20 MINUTES (12 and under.)
49	JUNIOR PEDICURE	20 MINUTES (12 and under.)
12	FRENCH ADD-ON	15 MINUTES

BEAUTY

Discover a new you with our makeup and salon services.

MAKEUP SERVICES

Our highly trained stylist uses only the finest Kevin Murphy and Jane Iredale products for a picture-perfect you.

69	SPECIAL-OCCASION MAKEUP	50	MINUTES
79	BRIDAL MAKEUP TRIAL	75	MINUTES
79	BRIDAL MAKEUP	75	MINUTES
25	MOBILE SPA FEE (travel fee to provide	e off-	site services)

HAIR AND BARBERING SERVICES

Our highly trained stylist uses only the finest Kevin Murphy products for an unparalleled salon experience.

59	LADIES' HAIRCUT		
75	LADIES' HAIRCUT WITH STYLE		
69	COLOR SERVICE (STARTING PRICE	(E)	
55	BLOWOUT		
69	UPDO		
29	HAIR AND SCALP HYDRATION		
69	SPECIAL-OCCASION HAIR	50	MINUTES
79	BRIDAL HAIR TRIAL	75	MINUTES
79	BRIDAL HAIR	75	MINUTES
45	MEN'S HAIRCUT		
10	BANG TRIM		

SAGE ADVICE

ARRIVAL

Please arrive 20 minutes prior to your scheduled appointment to familiarize yourself with our facility. If you arrive late, please note that your treatment will end as previously scheduled as a courtesy to the next guest.

THE SAGE SPRINGS EXPERIENCE

For your comfort we provide a robe and slippers upon check-in. Please feel free to join us early or stay late. You are welcome to enjoy our fitness room, saline lap pool, gorgeous soaking tub, eucalyptus steam room and candlelit relaxation room with tea service.

CANCELLATION POLICY

If you must cancel or reschedule your appointment, please observe our 24-hour cancellation policy to avoid being charged in full for the scheduled treatment.

GRATUITIES

Gratuities are not included in the price of our services. Gratuities may be given at your discretion; 15% to 20% is customary. An 18% gratuity will be applied to groups of three or more.

PRIVACY

To ensure your privacy and comfort, our therapists are professionally trained in proper draping procedures. During our body treatments, adequate draping is provided to ensure your privacy. Disposable undergarments are available per your request.

VALUABLES

Lockers are provided, but please do not bring valuables to the spa.

SUGGESTIONS

Drink plenty of water before and after all spa services. Please do not bring cellular phones or other electronic devices to the spa.

AGE GUIDELINES

Minors under the age of 18 must be accompanied by a parent or legal guardian during all of our spa services, with the exception of nail services. The parent or guardian must remain in the room for the full duration of the service.

HEALTH CONSIDERATIONS

Please notify your spa coordinator of any health concerns or sensitivity to skincare products that may alter the type of service we provide for you. We are happy to make special accommodations.

MOTHERS-TO-BE

Please notify your spa coordinator if you are expecting. Services to expectant mothers are available, and we will recommend services that are appropriate for each trimester.

OUR PARTNERS

We carefully select product companies to ensure the best results for our guests.

Each partnership embodies a vision of results, quality training
for our staff and minimal impact on our planet.

CASCADE LAVENDER FARMS This gorgeous lavender farm in nearby Madras grows nearly 100 different varieties of lavender. After the lavender is harvested, it is distilled at the farm and then crafted into beautiful body products that we are proud to use in all of our Signature Sage Springs services.

ZENTS An incredible company that focuses on product scents that speak to the individual. The foundation of each product is organic shea butter that deeply hydrates and is perfectly suited for our High Desert climate. Clean ingredients, cruelty-free, charity-driven and mindfully crafted is the foundation of every product they make.

TARA SPA THERAPY These therapeutic organic products are wild-crafted and designed to promote wellness of the mind, body and spirit. Tara has created a line that draws upon many years of experience as a working massage therapist and Ayurvedic practitioner. She is a nationally recognized spa educator and wellness coach.

SHANKARA A collaboration of Ayurvedic and Western specialists to create pure products, Shankara also benefits the communities by donating all of its profits to humanitarian projects. With purity and efficacy at the roots of its development, this product line heals the body and balances the mind. The services we offer with this line are inspired and carefully crafted to honor the 5,000-year-old wellness science called Ayurveda. This exciting partnership allows us to bring harmony to the mind and body of our guests.

EPIONCE A dermatologist-created line that focuses on rebuilding the skin's barrier. Epionce is a medi-spa favorite because it yields excellent results for every skin type. It is by far our best seller for personal care at home. Epionce's paraben-free products and clean scents make it a staff favorite.

HYDRAFACIAL A revolutionary patented machine that delivers incredible results. This line is very effective and deeply rooted in the science of skincare. Each product is specially designed to achieve the greatest results. Peptides, hyaluronic acid and antioxidants are the backbone of this line that is all the rage in Hollywood!

YON-KA PARIS These products have been breaking ground in the skincare industry for more than 50 years. Yon-Ka's commitment to creating products that smell great, yield results and perform beautifully in services makes it an industry pioneer. Pure essential oils and hands-on techniques make it one of our favorite services to deliver.

JANE IREDALE This mineral makeup line is known for its excellent coverage without occluding pores. It is makeup that helps support beautiful skin without damaging it. It can be perfectly customized for any look you want to achieve.

KEVIN MURPHY These products are skincare for the hair. Kevin Murphy is a session stylist who has been featured on more covers of Vogue than any other stylist in history. He is highly respected and has created sustainable clean products that perform without feeling heavy.

SMITH AND CULT We have spent years looking for nail colors that are formaldehyde-free and long-lasting. Smith and Cult is by far the best nail polish on the market.



A private world dedicated to health, fitness and well-being. The place where looking good and feeling great flow from a common source.

WHERE VITALITY SPRINGS to LIFE.

For spa reservations, call
541.593.7891 | Fax 541.593.7898
www.sagespringsspa.com



DESTINATION HOTEL®

